

## How do I update my email preference settings?

Last Modified on 03/25/2024 3:59 pm EDT

### Choosing your email preferences

If you haven't chosen a marketing email preference already, you'll see a pop-up when signing in! Simply choose whether or not you decline or accept and the settings will automatically be applied to your account.

### How do I update my marketing email preference?

You can do this from any marketing email you receive from MV! Simply click the unsubscribe link at the bottom of the email. It will confirm your selection:

Please keep in mind that it can take 48 hours for your preference to update in our system.

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